



Professor Kua Ee Heok,
MBBS, MD, FRCPsych

Senior Consultant Psychiatrist,
Dept of Psychological Medicine, National University of Singapore,

President, Pacific-Rim College of Psychiatrists
President, Gerontological Society of Singapore
Chief Editor, ASIA-PACIFIC PSYCHIATRY journal

Training in Psychiatry, Oxford University, 1977 - 1980
Geriatric Psychiatry Training, Harvard University, 1984

Head, Dept of Psychological Medicine, NUS, 1994-2003, 2006-2009
CEO and Medical Director, Institute of Mental Health, Singapore, 1999 - 2002
Vice Dean, Faculty of Medicine, National University of Singapore, 1996 - 1997

PROGRAMME

12.00pm-1.00pm Registration

1.00pm-2.00pm Lunch

2.00pm-2.10pm **Welcome speech**
Ms Christina Teo
Country Manager
Pfizer Singapore

2.10pm-2.15pm **Opening by Chairman**
Prof Kua Ee Heok
Senior Consultant Psychiatrist
National University of Singapore

2.15pm-2.50pm **Mindfulness in the Treatment of Depression**
Dr. Ang Yong Guan
Consultant Psychiatrist
Ang Yong Guan Psychiatry

2.50pm-3.30pm **More than just Starting: The challenge of adherence in depressive patients**
A/Prof Roger McIntyre
University of Toronto

3.30pm-3.45pm Q&As

3.45pm-4.00pm Closing Ceremony

RSVP @ 6403 8880 / rsvp@pfizer.com

2 CME points will be accredited

CHAIRMAN: Prof Kua Ee Heok

SPEAKERS: A/Prof Roger McIntyre
Dr. Ang Yong Guan

DATE: 12th Feb 2011 (Sat)

VENUE: Four Seasons Hotel,
Four Seasons Ballroom, Level 2
19 Orchard Boulevard

More than just Starting...

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SINGAPORE PSYCHIATRIC ASSOCIATION



Dr. Roger McIntyre is currently an Associate Professor of Psychiatry and Pharmacology at the University of Toronto and Head of the Mood Disorders Psychopharmacology Unit at the University Health Network, Toronto, Canada.

Dr. McIntyre is involved in multiple research endeavours which primarily aim to characterize the association between mood disorders and medical comorbidity. This research involves elucidating metabolic adverse events associated with the use of psychotropic medications, the impact of medical comorbidity on the course of mood disorders, and the effect of glucose homeostasis on neurocognition.

Dr. McIntyre is extensively involved in medical education. He is a highly sought-after speaker at both national and international meetings. He has received several teaching awards from the University of Toronto, Department of Psychiatry and has been a recipient of the joint Canadian Psychiatric Association (CPA) / Council of Psychiatric Continuing Education Award for the Most Outstanding Continuing Education Activity in Psychiatry in Canada.

Dr. McIntyre is a contributor to the CPA guidelines for the treatment of depressive disorders and the Canadian Network for Mood and Anxiety Treatments (CANMAT) guidelines for the management of bipolar disorder. Dr. McIntyre has published extensively in leading peer-reviewed journals and textbooks. Dr. McIntyre is also a reviewer for many journals including the American Journal of Psychiatry, Biological Psychiatry, Journal of Clinical Psychiatry and The New England Journal of Medicine, and serves as a grant reviewer for the National Institute of Mental Health.

Dr. McIntyre completed his medical degree at Dalhousie University. He received his Psychiatry residency training and Fellowship in Psychiatric Pharmacology at the University of Toronto.



Dr Ang Yong Guan graduated from the University of Singapore in 1979 with a medical degree. He did his post-graduate training in psychiatry at the University of Edinburgh from 1984 to 1986. Upon his return from Edinburgh, he served as a psychiatrist with the Singapore Armed Forces for 17 years from 1986 to 2003 before retiring as a Colonel in 2003 as Head, Psychological Medicine Branch (currently know as Psychological Care Centre) at the Military Medicine Institute, HQMC.

Dr Ang is currently in private practice as a Consultant Psychiatrist at Paragon Medical, Singapore. He is a Visiting Consultant to the Institute of Mental Health & Woodbridge Hospital, Ministry of Health. He was the President of the Singapore Psychiatric Association for two consecutive terms in 1997 and 1998.

He was the Chairman of the Chapter of Psychiatrists, Academy of Medicine from 2001 to 2003. He is the founding and current Chairman of the Action Group for Mental Illness (AGMI), a non-profit organisation advocacy group who champions for persons with mental illness and raising awareness of mental wellness since its formation in 2004.

He is a member of National Council on Problem Gambling (NCPG), set up by Ministry of Community Development, Youth & Sports (MCYS) since 2005. He is a member of the Clinical Advisory Committee for Chronic Disease Management Programme on Mental Illness under Ministry of Health since 2009.

He was appointed as a Special Visitor for Mental Capacity Act under the Ministry for Community Development, Youth and Sports (MCYS) since February 2010. He was appointed as a Member to the Visitor's Board under the Mental Health (Care & Treatment) Act 2008 by Ministry of Health in August 2010. He was awarded the Public Service Medal (PSM) in 1995 for his contribution in community work and the Public Administration Medal (PPA) in 1996 for his service in the Singapore Armed Forces.

An Invitation

